

Anxiety and Attendance

Date

Monday 14th October 2024

Time

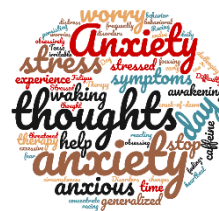
1:00 – 3.00 pm

Session will be held online via MS Teams

Is your child struggling to come into school?

A **free** workshop for parents:

- What is anxiety? – signs to look out for
- Strategies to manage anxiety and improve resilience and attendance
- Understand your child and their responses and behaviour



For more details and to book, please email:

jnethercoat@hobbshillwood.herts.sch.uk

Please include contact details and
name of child's school when booking

Tel: 01442 401222 Ext: 5